

KINDNESS WEEK AT EAST SANDY

"BE THE "I" IN KIND"



September 2nd-5th 2025

 Make a Call Monday NO SCHOOL- LABOR DAY	 Share a Smile Tuesday	 Sidewalk Chalk Wednesday	 Create a Card Thursday	 Feel-good Friday
SCHOOL ACTIVITY: • No School- Labor Day AT HOME CHALLENGE: • Make a phone call to a family member or friend you haven't talked to in awhile.	SCHOOL ACTIVITY: • Read a book about kindness and have a class discussion. • Take the Kindness Challenge! AT HOME CHALLENGE: • Share your smile and give 3 compliments to others.	SCHOOL ACTIVITY: • Leave happy messages for the teachers at recess with sidewalk chalk. AT HOME CHALLENGE: • Brighten up your neighborhood! Write an inspirational quote or draw a beautiful picture on your driveway or sidewalk.	SCHOOL ACTIVITY: • Create a card to brighten up the day for a child at a Children's Hospital. These will be distributed the following week. AT HOME CHALLENGE • Write a kind note for a neighbor or friend and deliver it.	SCHOOL ACTIVITY: • Do as many nice things as you can at today! Say hello, pick up trash, hold open a door, say thank you, etc. • STAND4KIND Assembly AT HOME CHALLENGE: • Dance it out to your favorite song or dance! Remember to BE KIND!