



Hello Teachers,

Thank you for partnering with us for Red Ribbon Week, January 21st-24th, we're so excited to have your support! Here's a look at what to expect next week:

Tuesday, 1/21 - PERSONAL DEVELOPMENT

- **DRESS UP** - wear East Sandy shirts/colors or a favorite sports team colors or jersey
- **ACTION ITEM:** Help students kick off Red Ribbon Week by having them write their name on the red flags provided to pledge making healthy choices to grow healthy brains by remaining substance free! Together as a class find an appropriate time to place flags in the grass strip just to the west of the drop off / pick up lanes for our community to view.
- **STUDENT TAKE HOME** > *green squishy brains, Parents Empowered handout*

Wednesday, 1/22 - COMMUNITY CONNECTION

- **ACTIVITY:** PTA volunteers host a Friendship Bracelet making activity during lunch recess
- **STUDENT REMINDER** > *Match a friend or wear Mustang blue to match Principal Ashbridge*

Thursday, 1/23 - HEALTHY RELATIONSHIPS

- **DRESS UP** - match with a friend or wear Mustang blue with Principal Ashbridge!
- **STUDENT TAKE HOME** > *Donuts with Grownups flyer*

Friday, 1/24 - FAMILY BONDING

- **DRESS UP** - pajama day
- **ACTIVITY:** Students with a parent can join ***Donuts with Grownups, 7:30-8:05am*** (gym)
- **STUDENT TAKE HOME** > *Parents Empowered chit-chat cards*
- **INSTAGRAM** > *Families are encouraged to share ways they find time to bond as a family with **@eastsandypta** to be entered to win a few fun prizes from Parents Empowered*

As always we appreciate your support to get this information to your students and families! If you have any questions please reach out to Audrey Sharkey (801) 686-5255 or email eastsandypta@gmail.com.

Thank you,



Audrey Sharkey
PTA President